



## Championships Schedule

The championships will start with Diving on the 27th of July and ends with the Open Water Swim on 7th of August 2010.

The venues for the Championship are located in the Göteborg area and in the city of Borås.

Event	Date	Place	Venue
Opening Ceremony	30 Jul.	Göteborg	TBA
Diving	27-31 Jul.	Göteborg	Valhalla swimming arena
Water Polo	28 Jul. – 06 Aug.	Borås	Borås swimming arena
Swimming	31 Jul. – 06 Aug.	Göteborg	Valhalla & Lundby swimming arena
Synchronised Swimming	02 Aug. – 06 Aug.	Göteborg (Möndal)	Åby swimming arena
Open Water	7 Aug.	Göteborg	Lake Delsjön
Closing Celebration	7 Aug.	Göteborg	TBA

Borås is approximately 60 kilometres from Göteborg and both cities close to Göteborg Landvetter Airport.

### Schedule of Events

Date	Swimming	Swimming	Open Water	Diving	Synchro. Swim	Water Polo
Venue	Valhalla	Lundby	Delsjön	Valhalla	Aby	Borås
Sun 25 Jul.				Training		Training
Mon 26 Jul.				Training		Training
Tue 27 Jul.				1m & 3m		Training
				Springboard		
Wed 28 Jul.	Training	Training		1m & 3m		Prelims.
				Springboard		
Thu 29 Jul.	Training	Training		1m & 3m		Prelims.
				Springboard		
Fri 30 Jul.	Training	Training		Platform		Prelims.
	Opening Ceremony					
Sat 31 Jul.	W. 800 free	M. 800 free		Synchro.	Training	Prelims.
Sun 01 Aug.	M. 200 back	W. 200 back			Training	Prelims.
	M. 100 free	W. 100 free				
	M. 100 breast	W. 100 breast				
Mon 02 Aug.	W. 400 ind. med.	M. 400 ind. med.			Solo Technical	Prelims.
	W. 200 free	M. 200 free			Trio Technical	
	W. 50 fly	M. 50 fly			Free Combination	
Tue 03 Aug.	M. 50 free	W. 50 free			Duet Technical	Prelims.
	M. 200 ind. med.	W. 200 ind. med.			Team Technical	
	M. 100 fly	W. 100 fly				
	M. 50 breast	W. 50 breast				
Wed 04 Aug.	Mixed 200 med.				Solo Free Routine	Prelims.
	Mixed 200 free relay					
	W. 200 free relay	Training				
	M. 200 free relay					
	W. 200 med. relay					
	M. 200 med. relay					
Thu 05 Aug.	W. 200 breast	M. 200 breast			Duet Free Routine	Final & Place
	W. 100 back	M. 100 back				Final & Place
	W. 200 fly	M. 200 fly				
Fri 06 Aug.	M. 50 back	W. 50 back	Training		Trio Free Routine	Final & Place
	M. 400 free	W. 400 free			Team Free Routine	Final & Place
Sat 07 Aug.			3 klm swim			
	Closing Ceremony					